

Lloyd Bailey:

Bio: Lloyd was 64 when he started his canoe trip down the Missouri river in 2017. Retired from Union Pacific railroad and U.S. Navy Seabees. Started as a lineman on a telegraph crew and finished climbing towers and hanging microwave dishes. He had both knees replaced about 4 yrs ago. Lloyd has traveled to every state including driving the Alaska highway all the way to the Arctic ocean. Married with 8 grandchildren and two great grandchildren.



#1: What was the most difficult part about your paddle trip and how did you overcome (if you did) the situation? *“The most difficult part was the wind and the lakes. I personally bypassed the worst of the lakes.”*

#2. What do you feel was the most important thing that you actually benefited from? *“ I didn't plan for it but the biggest benefit was meeting great people and getting in better shape. I lost 18 pounds and 6 inches off my waist. I got down the 162 pounds from 180 and feel better for it.”*



#3 Was there anything that you planned for then you felt unnecessary or overdone? *“I didn't do a great amount of planning. I carried a lot of stuff that I could have done without but made the trip more enjoyable. A Yeti cooler so I could fix eggs almost every morning. A fold up wagon to make it easier to get stuff to my campsite.”*

#4 What was the 5-most important pieces of gear you carried on the trip? *“Cell phone to keep in contact with my wife, gps, solar charger to keep both charged, yeti cooler to keep eggs, milk, butter and beer and maps.”*



#5 Prior to your trip, what was your weakest asset or least skilled or qualified trait for the trip and how do you overcome this? *“I didn't have a lot of experience in a canoe. I had canoed 500 miles of the Mississippi the year before but prior to that it had been over 40 years since I had been in a canoe. To overcome it, common sense.”*

#6 What was the least important item(s) that you brought and discovered there was never a need for? *“I didn't need a big heavy cooler and without that I wouldn't have needed a wagon or to re supply as often but I enjoyed having them.”*

#7 What was the biggest surprise of the journey? Something you did not anticipate? *“The people I met were awesome.”*

#8 What kind of boat did you paddle and what were its good qualities and also the things you did not like about it? *“A Wenonah North Woods. It carried a lot of weight easily, but it was very heavy and slow to maneuver.”*

#9. How did you plan your meals/ food? Did this system work good for you and would you change regarding this? *Didn't do a whole lot of planning. I had plenty of room and carried enough food and water for a few weeks. Canned stuff and mre,s.*

#10 What was your system for obtaining drinking water and what were the benefits as well as the disadvantages you had dealing with water? *“I had the room and carried plenty of water. I had a small filtration system but never needed it. I even had enough water to hang a two and a half gallon container up and shower with it.*

#11 If you were going to give advice for someone planning the same journey what do

you feel would be the best advice and things to consider that you now know about this journey? Do it your way. When around more populated areas help is usually available but don't plan on help. I skipped Lake Sakakawea and Lake Oahe The river was enough for me.” ----- Lloyd Bailey

