

This List is the First initial list when starting to plan my trip across the country. The list was modified many many times. It will give you an idea some things to consider and the amount of prep that goes into this. Many of the items here may not pertain to your own personal journey. It give you a perspective on what to think about and plan. N.M.

- Seam seal tent
- Get new tent or rain cover?
- replace rudder cables
- upgrade bimini top with kevlar cord and locks
- spray cover--replace or repair
- write sun screen company for boat screen
- get lap top
- get satellite phone
- get gps from Hillary
- get movie camera
- get digital camera
- make sure email-update/sat system works--get out bugs
- get solar panels for system
- maps of entire route including nav. charts from corp
- locations of all wing dams /hydro dams
- email publisher regarding Lolo trail book author to get info
- route thru the Bitterroot from Lemhi pass?
- Contact Gram for possible storage of gear near Missoula.
- Contact Dave Muir for possible storage
- organize first aid kit...get prescription pain killers and get new things
- get new foot brace and padding for boat
- make extra seat cushion
- contact food companies including co-op for food donations
- send out press releases--emails
- organize all clothing
- get new rain coat
- get new sandals
- dehydrate food
- freeze and plan meals
- Pay all bills while gone--for car insurance, reduce auto insurance, pager service, cell phone, health insurance
- get someone to mow the lawn and help with cleanup here
- pay for yellowpage ad for work
- make sure biz cards for the return are mailed to all clients for work
- send out notice to all clients about my trip etc.

- get one shorter paddle
- get list of all contents for the entire trip.
- contact libraries for possible interview along the way.
- prepare envelopes for expedition t-shirts while gone
- get water filter
- get crazy creek seat chair
- organize repair kit including duct tape, sewing kit and tools needed for such repairs
- get tarps for overland journey
- organize maps and books to take with to read
- get writing paper for journal along with envelopes and stamps to mail letters
- clean camera
- rig tripod for paddling
- water bottles and drink tube prep
- get batteries for light
- sunglasses
- contact lens stuff and mirror
- shave kit, toiletries, TP, paste and floss
- get paddling glove
- bondo cracks in hull of boat and seal clear coat crack
- get flag for the back
- put on stickers from sponsors
- ship off food shipments to various post offices
- find out post office locations for food drops and pre address all labels to locations
- locate food places enroute
- mail letter to postmasters where sending food drops to give heads up on box sent.
- write Paddler Magazine article
- write [paddling.net](http://paddling.net) story for updates, organize that situation
- work on web site
- contact tom murphey for pics for website.
- get Martins 3rd map book
- disc the L&C journals for the trip.
- break down locations and mileage for trip and estimates of time arrivals.
- plan DD's Mo river trip and shuttle from judith to coal banks.
- benefit--music event
- write all gear sponsors a letter requesting gear
- call sponsors after 1st contact.
- buy food and start dehydrating and vacuum seal all food for shipment.
- contact Nan about discount on bulk grains and nuts.
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